

The Way of Stella Maris Pilgrimage 2022 ROUTE DIRECTIONS

Final Version Aug 3/22

A Typical Day on the Way

TIME	OVERNIGHTERS	DAY-WALKERS
6:00am – 7:00am	Wake / Pack	Wake / Pack
7:00am – 8:00am	Breakfast	Drive to starting point
8:00am – 8:30am	Lunch prep	Breakfast / Lunch prep
8:30am – 9:00am	Mass	Mass
9:00am – 9:30am	Reflection/ Sharing time	Reflection/ Sharing time
9:30am – 4:00pm	Walk the route	Walk the route
3:00pm – Supper	Basecamp Open for Refreshments, Sharing / Praise & Worship	Basecamp Open for Refreshments, Sharing / Praise & Worship
5:30pm – 7:00pm	Supper	Supper
7:00pm – 9:00pm	Free time	Drive home

- * Overnights sleeping gear will be transported to next hall by Operations Team
- ** On August 14 & 15 - mass will be at the end of the day
- see Route Outline for those dates for more details

Trail signage to watch for:

1. Pilgrimage sign is a Red Arrow with Yellow & Blue star
2. Paint or Chalk arrows on gravel /pavement

ROUTE DIRECTIONS

Tuesday, August 9th, 2022
Holy Cross Catholic Mission Church
11645 Hwy 224, Middle Musquodoboit

No walking today. Time for preparatory reading and packing.

4:00-5:30pm	Check into Holy Cross Church, Hall entrance at rear of building
5:30pm	Supper in church hall
7:00pm	Opening remarks/Orientation and short talk - in the church upstairs

Wednesday August 10th, 2022
Middle Musquodoboit to Meagher's Grant (22.2km)
Holy Cross Mission Church, 11645 Hwy 224, Middle Musquodoboit

- 9:30am Depart church lot heading south on Hwy 224
- 1.8km Pass Musquodoboit Rural High School on right
Public Washroom at Parker's ESSO Hwy 224 just past Higginsville Rd.
- 3.0km Turn Left on Higginsville Rd towards hospital (2 signs, either side of road)
- 3.3km Keep right at hospital onto dirt/gravel road (1 sign)
- 4.4km Curve to go up hill (1 sign)
- 5.5km Walk by Goldstreak Farm - green barns
- 6.0km Turn right at stop sign onto South Rd towards Murchyville (1 sign)
You may see deer in the fields on the right side of this road.
- 7.6km Left at stop sign onto paved Murchyville Rd., towards Shaw's Lake (2 signs)
You might notice Donald Duck
- 8.3km Turn right at Murchyville town sign onto Elderbank Back Rd., gravel road (1 sign)
- 10.7km Cross bridge over river
- 10.9km **1st Water-station** on left just past bridge on grassy driveway in front of a GATE.
Near #932 Elderbank (1 sign)
- 13.7km Merge with gravel road and pavement begins (1 sign)
- 14.2km Cross another bridge
- 15.2km At civic #193 Elderbank, Turn left onto John Grant Back Rd.
No street sign - watch for Red Arrow. First civic# on left on John Grant is 874. (2 signs)
- 15.9km Green horse farm on left, cross bridge
- 17km Blue sign - Welcome to Meagher's Grant- only 5kms to go!
- 18.4km **2nd water station** on left in a grassy lane
- 19.8km Turn left at stop sign onto Hwy 357 towards Meagher's Grant (1 sign)
That dog on the poster has been lost for 3 years
- 20.3km Cross over bridge, pass silver roofed faded red barn on left at top of the hill
- 22.2km Turn right into parking lot at Meagher's Grant Community Centre,
20 Wyse Rd., corner of Hwy 357 & Wyse Rd. (1 sign)

Thursday August 11th, 2022
Meagher's Grant to Musquodoboit Harbour (23.5km)
Meagher's Grant Community Centre, 20 Wyse Rd.

Two water-stations will be set up at beginning of Musquodoboit Trail and at the end.
There are no access roads intersecting the trail until Bayers Mill Rd @ 19.7km
There are a few outhouses/washrooms, and picnic benches along the trail.

9:30am Depart lot onto Hwy 357 heading to the right/south. Continue walking along highway towards Musquodoboit Trail head parking lot ~6kms away (1 sign)

6km Musquodoboit Trail lot (GibraltarRock Loop), 3172 Hwy 357 **1st Water-station**
Follow main trail towards Musquodoboit Harbour (1 sign)

19.7km If you are interested in a short detour:
There is a gate on right of trail which exits onto cul-de-sac Bayers Mill Rd.
San Damiano Franciscan Convent is 130 metres down road (Civic#214)
with a small grotto on the lawn if you wish to take a short break.

Continue back on trail.

20.5km Trail parking lot on Park Rd., Musquodoboit Harbour (1 sign) **2nd Water-station**
Exit parking lot turning right on road for 50 meters to Hwy 357 (2 signs)

20.5km Turn left on Hwy 357 walk to Hwy 7 intersection. Cross Hwy 7 (2 signs)

21.0km Walk to right and immediately turn left on East Petpeswick Rd.(2 signs)

21.0km Walk along East Petpeswick Rd for 2.5kms

23.5km Arrive at Petpeswick Yacht Club, 434 East Petpeswick Rd, on your right (2 signs)

FYI - 100 meters to your right of intersection of Hwy 357 and Hwy 7 west there is a Railway Museum with an ice cream stand on the right, on left there are washrooms at Tim Hortons/Shell gas station.

Friday August 12th, 2022
Musquodoboit Harbour to Grand Desert (23.6km)
Petpeswick Yacht Club, 434 East Petpeswick Rd.

NOTE: 7am Breakfast & make lunches 7:45am Mass

- 8:30am Depart Yacht Club parking lot - head left on East Petpeswick Rd
1.6km Left on Clamshell Rd for 600 meters
2.2km Right on West Petpeswick Rd for 125 meters
2.3km Left on Gwendolyn Lane for 150 meters
2.4km Right at house with blue metal roof (30 Gwendolyn) for 250 meters
 this leads to the parking lot behind Twin Oaks Memorial Hospital (7704 Hwy7)
2.7km Left on Hwy 7 for 1.7kms. Pass Taylor TimberMart on left,
 Then just past the Hwy 107 intersection
4.4km Turn left into parking lot for the Gaetz Brook Trail (#7422 Hwy 7, Musquodoboit Harbour)
A green sign marks the parking lot entrance. The lot is between Hwy 107 and Stat Hill Rd. (5 signs)

Walk from parking lot onto gravel trail which intersects almost immediately - turn right to proceed west on Blueberry Run trail (1 sign). Along the trail you will cross bridges at Pine Hill Rd and Gaetz Brook.

10.9km A **water-station** will be set up at the end of the trail. (1 sign)
*From here you will be **walking along roadways for about 4kms** to reach next section of Blueberry Run Trail.*

Turn right onto East Chezzetcook Rd. past the Lions Club & St. Barnabas Church
Turn left onto Hwy 7 (2 signs at the grassy median)

Walk along Hwy 7. After 2.5km you pass Fire Station #23 Chezzetcook.
Keep going until you see a Fish & Chips shack on right

Turn left onto Stella Dr. (1 sign)
You'll pass Enviro Depot then
Carefully cross Hwy 207 to the trail entrance on the opposite corner (2 signs)

14.9km Blueberry Run Trail continues here (Whew!) Bug Spray is essential here.
(Superstore is on right just after the start of the trail/ Tim Hortons across on Hwy 7)

16.6km **2nd Water-station** at Porter's Lake Elementary School. Continue straight along
sidewalk across the property into the woods and up across the Hwy 107 overpass.
The trail continues on south side of the highway. (3 signs)

17.4km Trail crosses Les Collins Ave., then Deerfoot Ridge and Bellefontaine Rd.

22.2km Watch for Red Arrow signs to turn left off trail onto Grand Desert Station Rd. (2 signs)
Walk to end of road ~.9km, turn left on Marine Dr/Hwy 207, (1 sign)
Turn left again onto Conrod Rd (1 sign) to St. Therese Centre on left (1 sign)

23.6km St. Therese Community Centre, 17 Conrod Rd., Grand Desert

Saturday August 13th, 2022
Grand Desert to Lawrencetown (16km)
St. Therese Community Centre, 17 Conrod Rd.

9:30am Depart parking lot, turn right at sign onto Conrod Rd, right on Hwy 207/Marine Dr.,
Right again at sign onto Grand Desert Station Rd
Walk .9km up road to Blueberry Run Trail
Turn left/ south on the trail, towards Seaforth.(2 signs)

Today you will be on Blueberry Run and Atlantic View Trail the whole time so, when in doubt follow those signs towards Lawrencetown Beach.

4.7km You will pass through a small parking lot on Marine Dr. (Hwy 207) near Winnie's Rd
entrance to Hope for Wildlife, Seaforth .
There is a beach directly across from the parking lot if you need a break.

The trail continues for a short distance before crossing over to the other side of Marine
Dr (Hwy 207) (2 signs)

6.2km Trail crosses Causeway Rd. There is a super mailbox on your left.
(Blueberry Run changes names to AtlanticView Trail here)
(2 signs)
In about 100 metres the trail crosses Marine Dr (Hwy 207) again (2 signs)

6.3km **1st Water-station will be on the other side of the highway where trail continues**
Continuing along the trail, there is a bridge with a shady bench.

You will cross Marine Dr one more time before arriving at Lawrencetown Beach.

12.9km Lawrencetown Beach - **2nd Water-Station** & washroom facilities (1 sign)
Note: Atlantic View trail becomes Salt Marsh Trail when it crosses Lawrencetown Rd.

15.8km At Horse stables, leave Salt MarshTrail and turn right onto Conrad Rd.
Walk towards Lawrencetown Rd. cross over to community centre parking lot.(4 signs)

16km Lawrencetown Community Centre, 3657 Lawrencetown Rd.(Hwy 207)

Sunday August 14th, 2022
Lawrencetown to Dartmouth (24km)
Lawrencetown Community Centre, 3657 Lawrencetown Rd. (Hwy 207)

NOTE: NO MASS THIS MORNING

- 7:00am Breakfast & Pack lunches. ****Apply insect repellent! Marsh ahead!***
- 8:30am Depart parking lot, head back across Lawrencetown Rd.(Hwy 207) onto Conrad Rd, pick up Salt Marsh trail on right heading towards Eastern Passage (2 signs)
- 1km Keep right on trail (covered picnic tables), across West Lawrencetown Rd
- 6.6km After about 5kms you will leave the marsh heading into the woods.
There are Washrooms just after the bridge.
- 7.8km **1st water-station** Salt Marsh Trail Parking Lot #3.
Cross Bissett Rd. Trail name changes to Shearwater Flying Trail (2 signs)
- 13km Turn left off trail at Pilgrimage Red Arrow into trail parking lot,
1340 Caldwell Rd. (2 signs & chalk)
2nd water station here
Turn left and walk up Caldwell Rd approx .5km (2 signs)
- 13.5km Turn right into St. Andrew's Cemetery. (3 signs)
Place your personal stone at the foot of the crucifix.
Leaving the cemetery you will retrace your steps
Turn left on Caldwell Rd., walk back towards trail parking lot
- 14km Enter **Shearwater Flying Trail** across from the parking lot (2 signs)
- Follow Shearwater Flying Trail 3.5kms until it ends. On the way you will see the Auto Parks full of new cars, cross Hines Rd, go past Shearwater Military Family Resource Centre and continue on trail.
- 17.5km Trail ends at Corsair Drive. Turn left on Corsair towards Main Dr. (1 sign)
Cross Main Dr at crosswalk and turn right towards Dartmouth (1 sign)
You are heading to the Woodside Ferry Parking lot.
- Sidewalk is intermittent on this side of the road but the grass is flat.
If you prefer to walk on a sidewalk watch for a Cross Walk to go back to the other side of the road.
Before you reach the Hwy 111 intersection you should cross back over to the water side of the road.
Note that Main Dr becomes Pleasant St at the Imperial Oil Terminal.
- 20.2km **Water-station** at Woodside Ferry Parking lot, corner of Atlantic St. and Pleasant St.
Continue across the parking lot to the Dartmouth Harbourwalk trail.

Follow Dartmouth Harbourwalk (TransCanada Trail)

23km

Continue past Canal St., over the small walking bridge (Shubenacadie Canal)

Arrive at entrance to King's Wharf Condominium complex (Marco Polo Cafe on left)

Turn right at the lights onto King Street

Follow King Street up the hill across 3 blocks (350 meters)

Turn right on Ochterloney St, walk 5 blocks (500 meters)

Turn left on Maple St for 125 meters

On your right - enter St Peter's Church parking lot (Our Lady of Guadalupe) (1 sign)
Proceed up the lane way on the left side of the church and up the stairs to the hall
on the hill behind the church - grey building with large veranda. (1 sign)

24km

Our Lady of Guadalupe Parish, 10 Maple St., Dartmouth

5:30pm

Supper

7:00pm

Mass in the Church

7:30pm

Reflection / Sharing Time

Monday August 15th, 2022

Dartmouth to Spryfield

Our Lady of Guadalupe Parish, 10 Maple St., Dartmouth

NOTE: NO MASS THIS MORNING

8:30am Depart hall onto Maple Ave and turn right (2 signs)
.1km Turn left on Dahlia St, cross Pine St Victoria Rd into Cemetary (1 sign)
.3km Take path through cemetery and Dartmouth Commons park to Dartmouth Sportsplex, at Thistle St (Multiple signs)
.8km Cross Wyse Rd., turn right and walk 400 meters past DoubleTree Hilton onto MacDonald Bridge
1.2m **Enter the bridge walkway on the left (south side) of the toll booths.**

Option 1: Visit St. Mary's Cathedral Basilica, 5221 Spring Garden Rd., Halifax

2.7 km Arrive on North St. Halifax. Go Left on Brunswick St.
3.9 km Cross Cogswell St. Continue on Brunswick St.
4.8 km Left on Spring Garden Rd for 200 meters
5.0 km Arrive St. Mary's Cathedral Basilica - **1st water-station**
Right on Spring Garden Rd for 600 meters. Enter Public Gardens
6.0 km Exit Public Gardens from opposite gate at Summer St. and Sackville St.
Cross Summer St and enter Camp Hill Cemetery to Robie St.
6.3 km Exit Cemetery. Right on Robie St. for 150 meters
6.5 km Left on Jubilee Rd. In 850 meters cross Oxford St. at St. Thomas Aquinas
7.8 km Right on Bloomingdale Terrace for 500 meters.
8.3 km Left on Quinpool Road for 1.2 km to Armdale Roundabout
2nd water-station at Horseshoe Island Park, Quinpool Rd before the Roundabout
9.5 km Stay left Armdale Roundabout and take Herring Cove Rd for 100 meters
9.6 km Left on Armshore Dr. for 250 meters, left down steep path to Northwest Arm
9.9 km Enjoy waterfront path around Regatta Point for 1 km.
10.9 km Left on Purcells Cove Road for 1.7 km., past Mabou Ave.
12.6 km Left on footpath directly across from Parking Lot at Frog Pond (2 signs)
13.6 km Exit footpath at Ravenscraig Field. Go right on Williams Lake Road 700 meters (1sign)
14.3 km Arrive at St. Michael's Church (Stella Maris Parish), 14 St. Michael's Ave.

Option 2: Shortest Route to St. Michael's Church (Stella Maris Parish)

2.7 km Arrive on North St. Halifax. Go straight up North Street for 1.6 km
4.3 km Merge right onto Chebucto Road for 1.6 km to Armdale Roundabout
5.9 km Take Herring Cove Road after roundabout for 3.2 km
9.1 km Arrive at St. Michael's Church (Stella Maris Parish) corner of Williams Lake Rd.

Meet in the Stella Maris Parish parking lot, 14 St. Michael's Ave. by 2:15pm for a group photo followed by Mass at 2:30pm

You will be placing your 2nd stone at the Altar

Following mass there will be a BBQ at 3:30pm in the Church Hall